

STARTING OVER

Name _____

SETTING PRIORITIES WORKSHEET (Appendix)

From your *Starting Over Worksheet*, select the three *Steps on my new path* most important for your progress and briefly write your responses to the *Guideposts* for each.

Week	Name of Step	Guideposts

From your *Overcoming Negative Emotions Handout* (page 8), select the two *obstacles* most important for you to overcome and select the risks you're willing to take. If it applies, state for whom.

No.	Name of Obstacle	Risks I'm willing to take